

DEC. 2 – 9, 2018 PRE-SEASON SKI TRAINING

Parent Organized Training

The parent organized trip is designed to provide cost-effective training for alpine skiers, U12 and older. Skiers will receive goal oriented free skiing, drills, video and gates for a pre-season skier that has not been able to train throughout the summer.

Carrabassett Valley Academy provides coaching, evening meals and tutoring. Athletes are expected to bring school work and will have designated study time each evening as well access to CVA faculty. Specific tutoring times can be scheduled for any subject.

Estimated costs:

- Athletes-Coaching, Lift Tickets and Dinners -\$825
- Ground Transportation (PA to Maine via Van), Food,
 Lodging (shared cost) \$800 (an estimate based on prior experience and assuming 14 -20 athletes)

6 Days of Training

U12 - U19

SL, GS, SX

at Sugarloaf
Mountain Resort
Maine
www.sugarloaf.com

Coaching
Provided by
Carrabassett
Valley Academy
www.gocva.com

Shared Cost – Not For Profit

Academic tutoring provided by CVA faculty

FOR INFO CALL:

DAVE BRUNO 724-994-6955