

WPRC to Offer Baseline Concussion Testing

The Western Pennsylvania Race Club is pleased to announce that we have arranged Neurocognitive (Concussion) Baseline Testing with UPMC Sports Medicine Program at Seven Springs Mountain Resort prior to the club meeting on **Saturday, November 23, 2019**. We hope that you will take this opportunity to have your child baseline tested.

What is Neurocognitive Baseline Concussion Testing?

- The ImPACT® neurocognitive baseline test is a computer-based test that establishes a benchmark score when an athlete is in his or her non-concussed or “normal” state.
- The program known as ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing), checks neurocognitive function through working memory, visual memory, verbal memory, attention, reaction time, mental speed and processing speed.
- The ImPACT® neurocognitive baseline test **DOES NOT** evaluate the athlete for a concussion, identify past concussion(s), prevent future concussions or determine if the athlete is predisposed to a concussion.
- The results of the ImPACT® neurocognitive baseline test become part of a comprehensive clinical evaluation to determine the severity and the required medical treatment for the student athlete, should a concussion occur.



Who is eligible to participate? What is the cost?

- Athletes ages 10 and above can test for a **nominal fee of \$15.00**.
- The participant must not have sustained a concussion in the last 30 days and symptom free during testing.
- Athletes whom are 10 years old on the date of testing **will require** a parent or guardian to accompany them to assist with comprehension of the test.
- **Online registration is REQUIRED for Testing** (see below)

What can I expect on the day of testing?

- Arrive approximately 10-15 minutes before your appointment time.
- Black and Gold signs will guide you to your check in location at Seven Springs in the Chestnut Room.
- The program takes approximately 45 minutes to complete testing; there will not be an education session associated with this testing program.
- A powerpoint presentation video will be sent out with the testing reminder explaining procedures for testing in addition to outlining athletic injury prevention and management strategies and concussion education.
- Licensed Athletic Trainers from UPMC Sports Medicine will supervise the program and test.

Please Enter the code “WPRC2019” as the Registration Code:

Saturday, November 23, 2019

[11:00am Session](#)

[12:00pm Session](#)

For additional questions, please contact Rob Dingle at 412-432-3635 or via email at dinglecr@upmc.edu